



DTF Press Settings Cheat Sheet

Quick settings:

305 °F · 12 seconds · medium-firm pressure · peel hot · repress 5–10 s

FABRIC	TEMP	TIME	PRESSURE
100% cotton	305–315 °F	12–15 s	Medium-firm
50/50 & tri-blend	295–305 °F	10–12 s	Medium
100% polyester	270–285 °F	10–12 s	Medium
Fleece / hoodies	300–310 °F	12–15 s	Firm
Canvas / tote bags	310–320 °F	15 s	Firm
Nylon	265–275 °F	10 s	Light-medium

Step by step

- 1 Pre-press the blank 3–5 s to remove moisture and wrinkles.
- 2 Place the transfer ink-side down. Full front: 3–4" below the collar.
- 3 Cover with parchment and press at the settings above.
- 4 Wait 2–3 s and peel the film in one smooth, low motion.
- 5 Repress 5–10 s with parchment for a soft, durable finish.

If something goes wrong

Lifts when peeling: close 3–5 s more; check pressure; use a pillow on seams

Cracks after washing: under-pressed, or skipped the repress

Shiny finish: repress with kraft paper or a textured sheet

Dye bleeding on poly: lower to 270 °F and shorten the time